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**Surname: First name: Title:**

**Date of birth: Contact Number: Email:**

**Newman Student / Newman Staff / Community / Alumni** *(Please delete as appropriate)*

**N.B. COMMUNITY MEMBERS ARE REQUIRED TO PRESENT A VALID FORM OF PHOTO I.D. BEFORE THEY CAN ENROL.**

**Emergency Contact/Next of Kin** (N.B. It is your responsibility to ensure that your emergency contact is happy for you to provide us with their contact details. We store them for the minimum time needed, only use them in an emergency and always dispose of them securely)

**Surname: First name: Contact number:**

**Medical conditions/Issues we need to be aware of:**

**I consent to the Newman Sports Centre staff storing any health information I have disclosed** *(tick to confirm)*

**Opening Times**

**Monday – Friday 7.00am - 10.00pm**

**Saturday 10.00am-5.00pm, Sunday 10.00am-3.00pm**

**Please note we are closed Bank Holidays and other closure periods will be displayed around the centre.**

**Newman Sport Centre number: 0121 483 2286** **sports-centre@newman.ac.uk**

**Health & Disclaimer Agreement**

As an individual you are responsible for your health. The management and team within the sports centre are committed to helping you use every opportunity to enjoy the facilities that we offer our customers.

1. We will respect your personal decisions, and allow you to make your own choices about what exercise you can carry out.
2. You should not exercise beyond your own abilities. If you know or are concerned that you have a medical condition which might interfere with you exercising safely, before you use our equipment and facilities you should get advice from a relevant medical professional and follow that advice.
3. You should make yourself aware of any rules and instructions, including warning notices. Exercise carries its own risks. You should not carry out any activities which you have been told are not suitable for you.
4. If you tell us that you have a disability which causes you difficulty in accessing our equipment and facilities, we will endeavour to make reasonable adjustments to enable you to utilise the facilities.
5. All accidents and/or incidents (including potential hazards e.g. spillages) must be reported immediately to a staff member.
6. Health conditions do change over time, we recommend that you keep us updated on any health conditions that may put you at risk.

**Centre Policies**

1. All persons entering or using the facilities must abide by the policies and rules of the Sports Centre, and any instructions given by the sports centre and sports department staff. The Sports Centre reserves the right to revoke a facility membership without refund, of any user that repeatedly or purposely does not adhere to the following regulations.
2. **The Consumer Contracts (Information, Cancellation and Additional Charges) Regulations 2013 say that:**

You can cancel your membership within 14 days from the date we accept your application for membership by giving us written notice. After 14 days from the date we accept your application for membership, you lose the right to cancel your membership and the agreement under this clause. Your written notice must clearly state that you want to cancel your membership and the agreement. Your will receive the membership fees you have paid; less a proportion of the membership fees to cover the period from the date the initial term started to the date you give us notice of cancellation.

1. We may end your membership and the agreement immediately, if any of the following applies:
* You are in violation of clauses 15 and 18
* You allow a person other than you to use your membership details to enter the facilities
1. Newman Sport Centre reserve the right to change or place conditions on the access hours to the Fitness Suites.
2. Appropriate indoor training shoes (no Sandals or Flip Flops) must be worn at all times when using the Fitness Suite facilities. Outdoor or muddy training shoes will not be permitted. Appropriate clothing must be worn at all times when using the Sports Centre facilities. This requires participants to be wearing a t-shirt/vest, or sweat shirt, and shorts or track suit bottoms. Any denim, jeans or trousers will not be permitted.
3. Only Sports drinks and water are permitted to be consumed in the Fitness Suites. No food is allowed.
4. No kit bags will be allowed in the Fitness Suites. Please use the lockers that are provided in the changing rooms. The Sports Centre is not responsible for the security of personal possessions.
5. “Newman Sport etiquette” requires users to put back any equipment after use or exercise classes. This includes hand weights, mats, spin bikes, swiss balls, medicine balls or Bosu balls. Items of equipment, accessories, etc. must not be removed from the facility without permission or used in a manner that is inappropriate, dangerous or that differs to the induction instructions.
6. Dropping of weights prohibited within the fitness suites.
7. Usage of equipment will be on a first come, first served basis. We ask members to respect other members.
8. All hand towels or litter must be placed in one of the bins provided.
9. Entrance to the gym will only be granted upon completion of the Health and Disclaimer Agreement and Induction process. This will not be waived for any individual or individuals.
10. Persons under the age of 16 years are not permitted to use the Fitness Suites.
11. “Newman Sport Etiquette” requires users to wipe down a piece of gym equipment with a towel immediately after use. Paper towels are provided in the Cardio Gym and outside the squash courts.
12. The Newman Sport staff reserve the right to ask any individual to leave who is acting in an aggressive or inappropriate way towards a member of the Newman Sport team or any other member of the Sports Centre facilities. Intimidating language or behaviour will not be tolerated and will result in the loss of membership.
13. The Sports Centre may at times be unavoidably closed without notice - Sports Centre members/users are advised to call the facility prior to undertaking any journey to check access and availability of facilities. No recompense can be made on these occasions.
14. Items of equipment may at times be inoperable or unavailable; Sports Centre members/users are advised to call the facility prior to undertaking any journey to check availability of equipment. No recompense can be made on these occasions.
15. We will not tolerate theft of equipment or use of illegal substances in or around the premises. Anyone found in possession of such substances will have their membership revoked and may face prosecution.
16. Do not use the sports facilities if unwell, under the influence of alcohol, some prescription or over the counter medications.

**Declaration**

• I have read and accepted the terms of the health and disclaimer agreement and I wish to participate in activities within Newman University Sport Centre’s facilities.

• I agree to abide by Newman University Sport’s centre policies which I have read.

**Signature: Date:**